

The Reiki Dojo Newsletter

Reiki Courses and Treatments with Reiki Master Kate Jones



Helping you to be confident and supported in your Reiki practice



Spring: Fresh Starts and Optimism

Article April 2009

After what has been a hard winter in many ways (for me this included being unable to get home one night due to snow), the Spring is here at last! The weather is warming, buds are beginning to open and the daffodils are out. With the coming of Spring there is a surge of new energy and for me this has also brought new opportunities.

In January a friend of mine, who teaches movement classes for the elderly in a centre in Ludlow, invited me to go with her. She thought the centre might be a suitable place for me to offer Reiki treatments. I have long held the wish to find a suitable room to offer treatments in Ludlow, so was interested in this possibility. In one of those lovely synchronous moments: as I met my friend the manager of the centre happened to walk by and I was introduced. She offered us a tour of the building, which we gladly accepted. As we went round she opened one door and said: "This is a treatment room, but it isn't being used." My friend asked whether they might consider having some massage or other complementary treatments there. The manager said yes this was a possibility. I then plucked up courage to tell her that I am a Reiki Master and was looking for a room to offer treatments in Ludlow.

It turned out that this lady had received Reiki from a friend as was interested in the idea, so I made an appointment to go back to see her the following week. Even as I walked in the door of her office that day she said: "I think this is a great idea!" and offered her support. As a result she was able to offer me use of the room and I will be starting to offer treatments there soon. There was even a treatment couch I could use and various other furnishings were also supplied to make the room comfortable.

I am really excited about this new opportunity and so grateful to my friend who introduced me and the manager of the centre who has given such wonderful support. So if you are in the Ludlow area and would like a Reiki treatment I will soon be able to see you at Helena Lane, which is close to the A49 and also has a nice café for tea and cakes or even lunch before or after your treatment. There is also plenty of free parking. Phone me for an appointment!

The other interesting development for me recently was that I attended an EGM of The Reiki Association in March and to my surprise found myself stepping forwards to stand for Council and being elected! I've been a member of the Association since its inaugural meeting in 1991 and have followed its story over the years. There is a need for much change at the moment to bring the organisation up to date, but I am excited to be involved. One thing I know for certain is that there will be lots to learn!

Please contact me if you have any questions or comments or to book for courses. Please tell me if you would be willing to receive this newsletter by e-mail (which has more info): also do tell me if you don't want to continue to receive it.

Phone: 01584 890284 e-mail: kate@thereikidojo.co.uk, website: www.thereikidojo.co.uk

© Kate Jones April 2009